



Pediatric Care Transition to Adult Care: What You Need to Know

Griffin Faculty Physicians, is committed to helping you make a smooth transition from pediatric to adult health care.

At age 18, you legally become an adult. We respect that you may want to continue to involve your family in health care decisions, however only with your consent will we be able to discuss any personal health information with your family members. If you have a condition that prevents you from making health care decisions, we will encourage parents/caregivers to consider options for supported decision-making.

We look forward to collaborating with and supporting you during this transition.

Transition Importance and Confidence

On a scale of 0 to 10, please circle the number that best describes how you feel right now.

- How confident do you feel about your ability to prepare for/change to an adult doctor?

0 (not) 1 2 3 4 5 6 7 8 9 10 (very)

My Health

Please circle the answer that applies to you right now.

1. I know my medical needs.
YES NO I NEED MORE INFORMATION
2. I can explain my medical needs to others.
YES NO I NEED MORE INFORMATION
3. I know my symptoms including ones that I quickly need to see a doctor for.
YES NO I NEED MORE INFORMATION
4. I know what to do in case I have a medical emergency.
YES NO I NEED MORE INFORMATION
5. I know my own medicines, what they are for, and when I need to take them.
YES NO I NEED MORE INFORMATION
6. I know my allergies to medicines and medicines I should not take.
YES NO I NEED MORE INFORMATION
7. I understand how health care privacy changes at age 18 when legally an adult.
YES NO I NEED MORE INFORMATION

8. I can explain how my customs and beliefs affect my health care decisions & medical treatment.

YES NO I NEED MORE INFORMATION

Using Health Care

9. I know or I can find my doctor's phone number.

YES NO I NEED MORE INFORMATION

10. I make my own doctor appointments.

YES NO I NEED MORE INFORMATION

11. Before a visit, I think about questions to ask.

YES NO I NEED MORE INFORMATION

12. I have a way to get to my doctor's office.

YES NO I NEED MORE INFORMATION

13. I know to show up 15 minutes before the visit to check in.

YES NO I NEED MORE INFORMATION

14. I know where to go to get medical care when the doctor's office is closed.

YES NO I NEED MORE INFORMATION

15. I have a file at home for my medical information.

YES NO I NEED MORE INFORMATION

16. I know how to fill out medical forms.

YES NO I NEED MORE INFORMATION

17. I know how to get referrals to other providers.

YES NO I NEED MORE INFORMATION

18. I know where my pharmacy is and how to refill my medicines.

YES NO I NEED MORE INFORMATION

19. I know where to get blood work or x-rays if my doctor orders them.

YES NO I NEED MORE INFORMATION

20. My family and I have discussed my ability to make my own health care decisions at age 18.

YES NO I NEED MORE INFORMATION